

PATIENT INFORMATION SHEET FOR USE OF:

- Mepilex® Border**
- Mepilex® Border Lite**
- Mepilex® Border Sacrum**



Mepilex Border is a dressing that has been ordered by your healthcare provider. It will help your wound to heal

- This dressing will not stick to your wound
- You may shower with this dressing in place

Disposable gloves should be worn to protect yourself and others

STEP 1. Preparing to care for your wound:

- Clean your work area before changing your dressing
- Gather your supplies as listed under **PATIENT DIRECTIONS**
- Wash and dry your hands

STEP 2. Removing your soiled Mepilex Border dressing:

- Remove the **Mepilex Border** dressing by gently lifting a corner and peeling away from your wound
- If present, remove wound filler as instructed
- Discard in a plastic bag and remove your gloves
- Wash and dry your hands

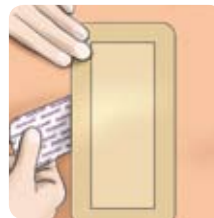
STEP 3. Cleaning your wound:

- Clean your wound using wound cleanser as listed under **PATIENT DIRECTIONS**
- Dry the skin around your wound with dry gauze or a clean cloth
- If needed, replace wound filler as instructed

STEP 4. Applying your new Mepilex Border dressing:



A Remove the release papers



B Center the dressing over the wound, place the tacky side down on top of your wound



C Gently press the dressing onto your skin being sure all edges are flat. This will help it to be waterproof

WHEN TO CALL THE HEALTHCARE PROVIDER (doctor, nurse, therapist)



- Any change in the wound that is a concern to you
- If the drainage from the wound increases
- If you have a sudden increase in pain, or new pain in your wound

- If the area around the wound gets red, swollen or painful to touch
- If the wound color changes from pink or red to a tan, brown or black color
- If you get a fever, or if the wound odor gets worse
- If you have questions

NOTE: The recommendation and information in this material should not be considered a substitute for medical advice or diagnosis. See package insert for full instructions and precautions. Please contact your healthcare provider with any questions regarding the care or condition of your wound.

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PATIENT DIRECTIONS

SUPPLIES YOU MAY NEED:

Mepilex Border

Size: _____
 Order number: _____

- Dry gauze/clean cloth
- Disposable gloves
- Plastic bag

Wound cleanser: _____
 Wound filler: _____
 Other: _____

YOUR DRESSING SHOULD BE CHANGED:

Day/Frequency: _____

NOTE: The dressing should be changed when you see the wound fluid is present at the edges of the white pad.

RECORD DATE OF DRESSING CHANGE

Week 1	Week 2	Week 3	Week 4

CONTACT NUMBER:

WHERE TO GET YOUR DRESSINGS

Supplier name and phone number

